

# Robots in Assisted Living

## Supporting the Needs of Residents Today and Tomorrow

American Robotic Academy

[www.roboticsacademy.com](http://www.roboticsacademy.com)

Contact us today! 281-599-7626



## American Robotics Academy offers Activities that Promote Imagination, Creativity, Social Skills and Loads of Fun!

Together with American Robotics Academy, your organization we bring excitement, challenging robotics experience to your residents:

- Provide a program that delivers quality, consistency and robotics fun
- Boost resident's imagination, creativity and confidence through activity-based challenges
- Strengthen social teamwork, critical thinking and problem-solving skills
- Price per session for up to 25 residents (One Hour Session)
- Event is delivered onsite at your location
- Highly trained certified instructors

Our mission focus is allowing seniors to explore the world of robotics and believe that one of the most important things seniors can do to remain happy and healthy long-term is to engage with others on a regular basis. The busier seniors are, the more they enjoy a higher quality of life. **Call us today to schedule your event! 281-599-7626**

# Robot First Impressions Activities

## American Robotics Academy Senior Programs:

Our mission at American Robotics Academy® is to excite, inspire, and motivate seniors about the fun, importance and impact of robotics technology in today's world. We hope to stimulate imagination and creativity by encouraging them to explore, experience, and express themselves through our hands-on interactive robotics program. Held in a friendly atmosphere, we focus on team building, problem solving, creativity and fun. Seniors will be working with the widely known and popular plastic LEGO building blocks, including the more specialized pieces such as axles, gears, beams, wheels, motors, microcomputers, pneumatics and other parts that will enable them to safely create animated and exciting mechanical movements and other effects. Great activities for Seniors with limited ability as well.

**Strengthen Community** Engage seniors to get to know their peers with a wide variety of abilities, cultures, languages, and backgrounds. It's totally natural for them to notice similarities and differences and express curiosity. and it's up to the grownups in their lives to not only model acceptance of diversity, but to frame it as a strength.

**Boost Self-Esteem:** Build up and boost self-esteem by giving them chances to share their strengths Begin by talking to Seniors about how important it is to help other people feel good about themselves. Emphasize how scary it can be to feel like you are different from other people, and how brave it is to share things that are unique about yourself, peers or your family. Seniors encouraged to be engaged and social which leads to less stress and produces a more calming effect and improved moods.

### **Social Competency:**

Seniors who participate in teamwork building activities inside and outside of the classroom develop a greater sense of social competency because they learn to correctly interpret and respond to their peers' needs. Social - meet new people. Leisure time promotes seniors' well-being as they need mental, social and physical stimulation to stay sharp despite their age. This strategy is also effective in preventing depression-related problems that may arise from a sense of isolation and disconnection from society.

### **Collaboration:**

Seniors will work with each other to complete a task. It involves co-operation and teamwork and the sharing of ideas, knowledge and skills to reach the same objective. The objective is usually creative in nature. Most collaboration needs leadership or some kind.

## Boogie Down Bot!



## Well Butter My Bot!



## Wild & Wacky Walkers



## Imagineers



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